coolcaf
FOOD • FUN • FRIENDS

UPPER DARBY SCHOOL DISTRICT
Opportunity · Unity · Excellence

November 2026

Free Elementary Lunch

Assorted Fruit, Choice of 1% milk, nonfat chocolate milk
Menu Items In Green are Halal

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **Grilled Cheese** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	**3** 	**4** **Muffin, String Cheese, & Yogurt Pack** Early Dismissal	**5** **Spicy Chicken Sandwich** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	**6** **Popcorn Chicken** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
9 **Turkey Bacon Cheeseburger** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	**10** **Beef Walking Taco** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	**11** **Pasta & Meatballs** **Salad:** Chicken Tender Snack Wrap **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot veg**: Roasted Acorn Squash **Side Salad**: Lettuce mix w/ Cucumbers and bell peppers	**12** **Pepperoni Pizza** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	**13** **Pizza Crunchers** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
16 **Mac & Cheese** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	**17** **Beef Walking Taco** **Salad:** Chef Salad w/ turkey & egg w/ Cheez-its **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Roasted Pepper & Onion. Side Salad: Carrots & Garbanzo Beans	**18** **Chicken Drumstick** **Salad:** Chicken Tender Snack Wrap **Halal:** Chicken Sandwich **Pizza:** Cheese **Hot veg**: Roasted Acorn Squash **Side Salad**: Lettuce mix w/ Cucumbers and bell peppers	**19** **Chicken & Vegetable Dumplings** **Salad:** Three Cheese Wrap **Halal:** Hot Dog **Pizza:** Cheese Hot Veg: Broccoli Side Salad: Carrots & Garbanzo Beans	**20** **Chicken Tenders** **Salad:** Veggie Nugget Wrap with Power Slaw **Halal: Cheeseburger** **Pizza:** Cheese **Hot veg**: Fries **Side Salad**: Lettuce mix w/ Carrots & Tomato
23 **Muffin, String Cheese, & Yogurt Pack** Early Dismissal	**24** **Pretzel, String Cheese, & Yogurt Pack** Early Dismissal	**25** **Muffin, String Cheese, & Yogurt Pack** Early Dismissal	**26** 	**27** 
30 **Pizza Crunchers** **Salad:** Buffalo Chicken Salad Wrap **Halal:** Chicken Nuggets w/ cheez-its **Pizza:** Cheese **Hot veg**: Corn **Side Salad**: Lettuce w/ cucumbers and carrots	**Snack Packs Available for Students who Bring Lunch From Home**			

This institution is an equal opportunity provider.